

United Way of Southern Chester County

## **UWSCC CommUNITY Chronicles**

a monthly newsletter for the community

# May: Mental Health Matters Strength in Support

Mental health is essential for everyone. Together, we can break the stigma, promote well-being, and ensure our neighbors have access to the care and resources they need.



Support Mental Health in the Community

## A Message from the CEO

Dear Friends,

May is Mental Health Awareness Month, and at United Way of Southern Chester County, we are embracing this month's theme: **Strength in Support**.

Mental health is essential for everyone. When we stand together — speaking openly, showing up for one another, and supporting accessible care — we help break the stigma and promote a healthier, more



connected community. At UWSCC, we are committed to ensuring that every neighbor has access to the resources they need to thrive emotionally, socially, and mentally.

This month, we're proud to spotlight two of our incredible partner agencies who do this work every day:

- New London Counseling Center, which not only offers high-quality, affordable mental health services at their center, but also partners with local school districts to bring counseling directly into schools meeting the growing mental health needs of our youth where they are
- <u>Family Service of Chester County</u>, whose comprehensive counseling and case management services support individuals and families facing everything from anxiety and depression to housing insecurity and complex life challenges all with dignity and compassion.

We're also inviting you to be part of the solution in a hands-on way. On Saturday, May 17, join us for a volunteer day in support of New London Counseling Center's Walk for Wellness. This event takes place in beautiful Glenroy Preserve and celebrates the importance of community in our collective mental well-being. Volunteers are needed for check-in, cleanup, and helping with the UWSCC-sponsored craft table. It's a chance to support the cause, enjoy the outdoors, and stand in solidarity with those on their mental health journeys.

As always, thank you for being part of this caring community. Your support makes it possible for local organizations to continue their vital work, and for our neighbors to feel seen, heard, and supported — every step of the way.

With gratitude,
Darcie Martin
Chief Executive Officer
United Way of Southern Chester County

### In the CommUNITY



#### Meeting the Moment: Supporting Mental Health in Southern Chester County

In recent years, the need for accessible mental health care has grown dramatically — and thanks to the dedicated work of New London Counseling Center (NLCC),



envisioning your potential.

#### Compassion in Action: Strengthening Families and Communities

For more than 70 years, Family Service of Chester County has been a trusted resource for individuals and families navigating life's challenges. With a

individuals and families in Southern Chester County are finding hope and healing close to home.

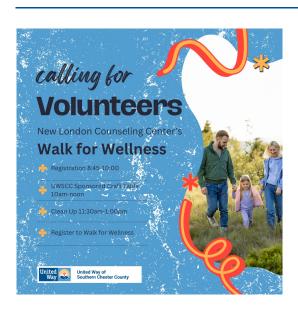
United Way of Southern Chester County is proud to partner with NLCC, a nonprofit organization providing high-quality, affordable mental health services to individuals of all ages, regardless of income.

**Read More** 

mission rooted in compassion, dignity, and accessibility, Family Service provides high-quality, low-cost counseling and support services that promote wellness, stability, and resilience throughout our region.

United Way of Southern Chester County (UWSCC) is honored to partner with Family Service to help ensure that residents across Southern Chester County — regardless of age, income, or background — have access to the care and support they need to thrive.

**Read More** 



#### Volunteer Day Opportunity

Lend a hand at New London Counseling Center's (NLCC) Walk for Wellness. This walk will be on Saturday, May 17 at Glenroy Preserve.

They are seeking volunteers to help with the following tasks:

Registration 8:45-10:00- Volunteers (3-5) needed to sign in registrants and have them sign waivers for Glenroy Preserve.

UWSCC Sponsored Craft Table 10:00noon: This is a post-walk activity, so set up when the walk begins. Monitor and assist with kids' craft projects. Clean up and pack up supplies at end of event.

Clean up 11:30-1pm: Help take down and load up cars. Most likely will be done before 1:00

If you are able to help out, please reach



## Bands Announced for Music Festival!

We are excited to share that we have locked in our three local bands for this family-friendly event on June 12 at the Kennett Creamery.

#### Jefe Ebbert Max & Denise Garden Station

We are so grateful for their support as they lend their talents to make this a truly impactful evening.

We hope you will spend the evening with UWSCC! Tickets are available now!

#### **UWSCC Summer Music Festival**

Kennett Creamery, 401 Birch Street out to UWSCC. We encourage everyone to join the walk in recognition of Mental Health Awareness Month.

**Email Stacia** 

Thursday, June 12 5:30-8:30pm, doors open 5:00pm

Tickets available NOW!



#### **April Detergent Drive Recap**

In April, Southern Chester County community members donated over 50 units of clothes detergent and dryer sheets giving a fresh start and providing dignity for our neighbors in the Oxford area.

SILO Executive Director, Melissa
Pacella, shared, "Thank you so much
for all of the laundry detergent and
personal items you donated to SILO.
These are items that our friends need to
maintain their dignity, but sometimes
they are just too expensive for them to
purchase themselves. I'm excited that

we can send Andrea and Nancy out on delivery this week with these much appreciated surprise gifts for our friends.

Thank you so much for all the forms of your support you offer. We couldn't do what we do on the ground without support from the United Way of Southern Chester County! Thank you!"

### **CommUNITY Calendar**

May

14

#### **UWSCC Annual Meeting**

Wednesday, May 14, 5:30-7:30pm Episcopal Church of the Advent

UWSCC is happy to announce funding for 31 local nonprofit programs in our community. Join in us to learn what your donation will fund in 2025/2026. RSVP appreciated. Email us.

May

17

#### Volunteer Day: NLCC Walk for Wellness

Saturday, May 17, 10:00am Glenroy Preserve

Celebrate Mental Health Awareness Month with New London Counseling Center. UWSCC is sponsoring the kids craft table and looking for volunteers. <u>Email</u> if you can help out. Great for HS students needing hours.

June

12

## SAVE THE DATE: Summer Music Festival Fundraiser

Thursday, June 12, 5:00-8:30pm Kennett Creamery

Join UWSCC board, staff, partner agencies and community members for a fun, family-friendly event to celebrate UWSCC's 80th birthday.

Tickets available.

For a comprehensive list of all upcoming Community events, please visit the events calendar on our website.



Contact us: info@unitedwayscc.org www.unitedwayscc.org 610-444-4357

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